

Tumtesting

Tumtesting Guided visit checklist

A focused worksheet for preparing for the 30-minute educational consultation and the written researcher review included with Guided.

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Set a goal for the 30-minute session

Choose one realistic educational goal so the conversation stays focused.

1. Identify the two or three report sections you most want explained in plain language.
2. Write the technical terms you want defined and note the page or section where each appears.
3. Choose the questions you want to prepare for a licensed health professional.

Know the scope

The Guided consultation and researcher review are educational and non-diagnostic.

1. The session can explain report organization, terms, and educational sources.
2. The written review can summarize report sections and identify follow-up questions.
3. The service does not diagnose, prescribe, recommend treatment, or replace medical care.
4. Do not use the storefront or general support route to send health results or urgent health information.

After the session

Keep your notes connected to the source material.

1. Review the written researcher summary and compare each note with the related report section.
2. Separate questions for Tumtesting support from questions that require a licensed professional.
3. Save the authoritative links you want to read before your next conversation.

Your checklist

- ☐ My main goal for the session is written in one sentence.
- ☐ I chose no more than three priority report sections.
- ☐ I wrote the page or section beside each technical question.
- ☐ I separated educational questions from medical questions.
- ☐ I understand the scope of the written researcher review.

Sources and further reading

These public sources offer general background for the topics in this guide. They are listed so you can continue reading at the original publisher.

National Human Genome Research Institute. Human Genome Project overview

<https://www.genome.gov/human-genome-project>

U.S. Food and Drug Administration. Home-use tests

<https://www.fda.gov/medical-devices/in-vitro-diagnostics/home-use-tests>

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How to use external resources

Check the publisher and review date. Read the complete source, not only a quoted sentence. Save questions about symptoms, diagnosis, treatment, medication, or ongoing care for a qualified health professional.

External links can change after this review date. A link is provided for education and is not an endorsement of Tumtesting.